



GIISHKAANDAGO'IKWE
— HEALTH SERVICES —



NOVEMBER 2023 NEWSLETTER HIGHLIGHTS

To request a copy of the Newsletter by mail or e-mail
please call (807) 274-2042.

OUR VISION & MISSION/OUR VALUES

Mino Ayawin - Good Health

CEDAR TIE MAKING

Pictures showing how to make cedar ties and their importance

FALL CEREMONY

Pictures celebrating Jordan River Anderson's birthday

CELEBRATION

Pictures celebrating Jordan River Anderson's birthday

HEALTH AND WELLNESS

Foot Exams for people with Diabetes

HEALTH AND WELLNESS

Fall Prevention

BEHAVIOURAL HEALTH SERVICES

Mental Health & Withdrawal Management Services

FULL MOON CEREMONY

Details on where the ceremony will take place

BEHAVIOURAL HEALTH SERVICES

International Day for the Elimination of Violence Against
Woman

CULTURAL CORNER

Words in Anishinaabemowin & English
Colouring Page

BOOK OF THE MONTH

The Seven Circles: Indigenous Teachings for Living Well
By Chelsey Luger & Thosh Collins

IMPORTANT DATES/UPCOMING EVENTS

Events happening in the community this month.

To find our Newsletters and more on our website, www.fftahs.com
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